

## **CURRICULUM VITAE**

### **CATHERINE P. WINSLOW, MD, FACS**

*Address:*

*Work*

Winslow Facial Plastic Surgery  
Winslow Aesthetic & Wellness Center  
2000 E. 116<sup>th</sup> St Ste 200  
Carmel, IN 46032  
*phone* (317) 814-1104  
*fax* (317) 574-1471  
*web site* [www.indyface.com](http://www.indyface.com)  
*email* [drwinslow@indyface.com](mailto:drwinslow@indyface.com)

*Marital Status:* Married

*Children:* 2

*Diplomate, Board of Medical Examiners* 1994

*Diplomate, American Board of Otolaryngology* 2000

*Diplomate, American Board of Facial Plastic Reconstructive Surgery* 2003\*

\*awarded the Jack Anderson Award for highest national score

*Fellow, American College of Surgeons* 2004

*State Licensure:* Colorado (35279), Indiana (IN01057300A)

***Current Position:***

Volunteer Assistant Clinical Professor, Indiana University School of  
Medicine, Dept Otolaryngology 9/04  
Owner, Winslow Facial Plastic Surgery, LLC 9/04

***Previous Position:***

Chief Facial Plastic Reconstructive Surg 8/00-8/04  
Walter Reed Army Medical Center  
Washington DC  
Assistant Prof, Uniformed Services University of Health Sciences  
Bethesda, MD  
Staff Surgeon, National Institutes of Health  
Bethesda, MD  
Staff Surgeon, Kimbrough Ambulatory Care Center  
Ft. Meade, MD  
Staff Surgeon, National Naval Med Ctr  
Bethesda, MD

Otolaryngology Consultant, The White House 9/02-8/04

***Fellowship Training:***

Microvascular and Facial Plastic Surgery 7/99-7/00  
Oregon Health Sciences University  
Portland, Oregon

***Residency Education:***

Otolaryngology- Head and Neck Surgery 7/95-6/99  
University of Colorado Health Sciences Center  
Denver, Colorado

***Internship:***

General Surgery 7/94-6/95  
St. Joseph Hospital  
Denver, Colorado

<b>Medical Education:</b>	Indiana University School of Medicine Indianapolis, Indiana Degree conferred: Doctorate of Medicine with Honors	9/90-6/94
<b>Undergraduate Education:</b>	Purdue University West Lafayette, Indiana Degree conferred: Bachelor of Science with Honors Major: Nursing	9/85-6/90
<b>Professional Organizations:</b>	Fellow, American College of Surgeons Member, Assn Women Surgeons Member, Assn Military Otolaryngologists Fellow, American Academy of Otolaryngology- Head & Neck Surgery Fellow, American Academy of Facial Plastic and Reconstructive Surgery Alpha Omega Alpha Medical Honor Society Sigma Theta Tau Nursing Honor Society Member, Indiana State Medical Assn	2004-present 2004-present 2000-present 1995-present 1996-present 1994-present 1988-present 2004-present

**Research:**

**Publications:**

1. Winslow CP and Weisberger EC. Ectopic thyroid and neoplastic change: a review of the literature and description of a case. *Otolaryngol Head Neck Surg.* 1997;117:S100-S102.
2. Winslow CP and Lepore ML. Resident's Page: Imaging. *Arch Otolaryngol - Head Neck Surg.* 1997;123:1236-1239.
3. Winslow CP, Chan KH, and Strain JD. Resident's Page: Imaging. *Arch Otolaryngol Head Neck Surg.* 1998; 124:1275-1278.
4. Winslow CP and Meyers AD. Hypocalcemia as a complication of radioiodine therapy. *Am J Otolaryngol.* 1998;19:401-403.
5. Winslow CP and Meyers AD. Clavicular osteomyelitis as a complication of head and neck surgery. *Ann Otol Rhinol Laryngol.* 1998;107(8):720-725.
6. Winslow CP, Batuello S, and Chan KH. Pediatric mucoepidermoid carcinoma of the minor salivary glands. *Ear Nose Throat J.* 1998; 77(5):390-395
7. Winslow CP and Meyers AD. Otolaryngologic complications of the anterior approach to the cervical spine. *Am J Otolaryngol.* 1999;20(1):16-27.
8. Chan KH, Winslow CP, Shira JE, and Levin MJ. Clinical practice guidelines for the management of chronic sinusitis in children. *Otolaryngol Head Neck Surg.* 1999; 120(3):328-34.
9. Winslow CP, Winslow TJ and Wax MK. Dysphagia and dysphonia following the anterior approach to the cervical spine. *Archives of Otolaryngol Head Neck Surg* in press.
10. Chan KH, Winslow CP, and Abzug MJ. Persistent rhinosinusitis in children after endoscopic sinus surgery. *Otolaryngol Head Neck Surg.* 1999;121:577-580.
11. Winslow CP, Dichard A, McGuire KA. Osteomyelitis of the temporomandibular joint. *Am J Otolaryngol.* 2001;22(2):142-145.

12. Winslow CP, Hansen JE, MacKenzie DJ, Wax MK. Pursestring closure of radial forearm fasciocutaneous donor sites. *Laryngoscope*. 2000;110:1815-1818.
13. Wax MK, Winslow CP, Hansen JE, MacKenzie DJ, Andersen PE, Cohen JI, Albert T. Temporomandibular joint reconstruction with free fibular microvascular flaps: a retrospective analysis of results. *Laryngoscope*. 2000;110:977-981.
14. Winslow CP, Burke A, Cook TA, Wang TA, Wax MK. Bipolar scissors in facial plastic and reconstructive surgery. *Archives Fac Plast Surg*. 2000;2:209-212.
15. Winslow CP, Wang TA, Wax MK. Static reanimation of the paralyzed face with AlloDerm Sling. *Archives Fac Plast Surg*. 2001;3:55-57.
16. Winslow CP, Burke AJ, Cook TA, Cohen JI, Wax MK. Secondary cosmetic revisions following free flap reconstruction of the head and neck. Submitted for publication in *Archives Fac Plast Surg*.
17. Cook TA, Burke AJ, Winslow CP, Desyatnikova A. The extended lower lid blepharoplasty in midface rejuvenation. Submitted for publication in *Archives Fac Plast Surg*.
18. Wax MK, Winslow CP, Desyatnikova A, Cook TA, Andersen PE, Cohen JI. Early perioperative employment of Goretex suspension for the management of facial paralysis. Submitted for publication in *Archives Fac Plast Surg*.
19. Winslow CP, Andersen PE, Cohen JI, Wax MK. Microvascular anastomotic device and running suture closure of venous anastomoses: a longitudinal comparison. Submitted to *Arch Otolaryngol Head Neck Surg*.
20. Wax MK, Desyatnikova S, Cook TA, Winslow CP. Early perioperative employment of Goretex suspension in the management of facial paralysis. Submitted to *Arch Facial Plast Surg*.
21. Winslow CP, Wax MK. Versatility and safety of an anastomotic device in microvascular reconstruction. Submitted to *Arch Otolaryngol Head Neck Surg*.
22. Winslow CP, Andersen PE, Cohen JI, Wax MK. The use of allogenic dermis for radial forearm free flap donor site coverage. *J Otolaryngol*. 2002;31:341-345.
23. Desyatnikova S, Winslow CP, Cohen JI, Wax MK. Effect of anemia on the fasciocutaneous flap survival in a rat model. *Laryngoscope*. 2001;111:572-575.
24. Wax MK, Winslow CP, Desyatnikova S, Andersen PE, Cohen JI. A prospective comparison of scalpel versus bipolar scissors in the elevation of radial forearm fasciocutaneous free flaps. *Laryngoscope*. 2001;111:568-571.
25. Davis T, Cook TA, Burke A, Winslow CP. Lengthening of the temporalis muscle flap with pedicled fascia; a cadaver study and clinical implications. Submitted to *Archives Fac Plast Surg*.
26. Winslow CP, Burke AJ, Cook TA, Wax MK. Total Nasal Reconstruction; Utility of the free radial forearm flap. Submitted to *Archives Fac Plast Surg*.

***Book***

***Chapters:***

1. Winslow CP and Northern JL. The hearing evaluation. In: Jafek B, Stark A, eds. ENT Secrets. St. Louis, MO: Mosby; 1996:12-20.

2. Sorenson D and Winslow CP. Diseases of the external ear and tympanic membrane. In: Jafek B, Stark A, eds. ENT Secrets. St. Louis, MO: Mosby; 1996:34-38.
3. Winslow CP. The thyroid and parathyroid glands. In: Jafek B, Stark A, eds. ENT Secrets. St. Louis, MO: Mosby; 1996:136-137.
4. Winslow CP and Squier MKT. Thyroid and parathyroid tumors. In: Jafek B, Stark A, eds. ENT Secrets. St. Louis, MO: Mosby; 1996:222-226.
5. Winslow CP. Vascular tumors of the head and neck. In: Jafek B, Stark A, eds. ENT Secrets. St. Louis, MO: Mosby; 1996:227-229.
6. Spafford MF, Winslow CP, and Witter JH. Mechanical ventilation. In: Jafek B, Stark A, eds. ENT Secrets. St. Louis, MO: Mosby; 1996:402-407.
7. Winslow CP, Wax MK. Radial forearm free flap. In: Meyers AD, ed. emedicine (online textbook).
8. Winslow CP, Wax MK. Fibula free tissue transfer. In: Meyers AD, ed. emedicine (online textbook).
9. Winslow CP, Wax MK. Rectus free tissue transfer. In: Meyers AD, ed. emedicine (online textbook).
10. Winslow CP. Microvascular free flaps. In: Jafek B, Murrow B, eds. ENT Secrets. St. Louis, MO: Mosby; 2000.
11. Wax MK, Winslow CP. Radial forearm free flap in head and neck reconstruction. In: Toriumi D, ed. Atlas of Facial Plastic and Reconstructive Surgery. Lippencott Raven; 2000. In press.
12. Winslow CP. Management of complications with injectable fillers. In: Facial Plastics Clinics. 2009. In press.
13. Winslow CP. In: Rendleman L, ed. Women Like Us;2008.

***Presentations:***

1. Winslow CP and Meyers AD. Clavicular osteomyelitis as a complication of head and neck surgery. Society of Head and Neck Surgeons in Cancun, Mexico 10-12 April 1997.
2. Chan KH and Winslow CP. Clinical practice guidelines for the management of recurrent and chronic sinusitis in children. Annual Meeting of the American Academy of Otolaryngology-Head & Neck Surgery in San Francisco 7-10 September 1997.
3. Chan K and Winslow CP. Persistent sinusitis in young children treated with endoscopic sinus surgery. Annual Meeting of the American Academy of Otolaryngology-Head & Neck Surgery in San Francisco 7-10 September 1997.
4. Winslow CP, Winslow TJ, and Wax MK. Dysphonia and dysphagia following anterior cervical fusion. Annual Meeting of the American Academy of Otolaryngology-Head & Neck Surgery in San Antonio, 13-16 September 1998.

5. Winslow CP. Total nasal reconstruction. Oregon Academy of Otolaryngology Combined Annual Fall Meeting, Nov 99.
6. Winslow CP, Hansen JE, MacKenzie DJ, Wax MK. Pursestring closure of radial forearm fasciocutaneous donor sites. Triologic Society Western Section Meeting, Jan 00.
7. Wax MK, Winslow CP, Vu KC, MacKenzie DJ, Hansen JE, Andersen PE, Desyatnikova S, Cohen JI. A randomized prospective comparison of scalpel vs. bipolar scissors in the elevation of radial forearm fasciocutaneous free flaps. Triologic Society Western Section Meeting, Jan 00.
8. Wax MK, Winslow CP, Hansen JE, MacKenzie DJ, Andersen PE, Cohen JI, Albert T. Temporomandibular joint reconstruction with free fibular microvascular flaps: a retrospective analysis of results. Triologic Society Western Section Meeting, Jan 00.
9. Winslow CP, Wax MK. Technical challenges in microvascular anastomosis. Oregon Academy of Otolaryngology Meeting, Feb 00
10. Winslow CP, Burke A, Cook TA, Wang TA, Wax MK. Bipolar scissors in facial plastic and reconstructive surgery. Presented in poster format at the Scientific Proletariat Day, Nov 99.
11. Winslow CP, Burke A, Cook TA, Wang TA, Wax MK. Bipolar scissors in facial plastic and reconstructive surgery. Presented in poster format at the AAFPRS Fall Meeting, Sept 99.
12. Winslow CP, Burke AJ, Cook TA, Cohen JI, Wax MK. Secondary cosmetic revisions following free flap reconstruction of the head and neck. American Academy Facial Plastic Reconstructive Surgery spring meeting, May 00.
13. Cook TA, Burke AJ, Winslow CP, Desyatnikova A. The extended lower lid blepharoplasty in midface rejuvenation. American Academy Facial Plastic Reconstructive Surgery spring meeting, May 00.
14. Wax MK, Paolini RV, Rectweg JS, Belmont MJ, Winslow CP. Postoperative antibiotic use following FESS: Practice habits of the American Rhinologic Society (A Survey). American Rhinologic Society, COSM, Orlando FL. May 2000.
15. Wax MK, Winslow CP, Desyatnikova S, Andersen PE, Cohen JI. Microvascular anastomotic device and running suture closure of venous anastomoses: a longitudinal comparison. Fifth International Conference on Head and Neck Cancer, July 00.
16. Wax MK, Burkey B, Winslow CP, Andersen PE, Hansen J, MacKenzie D, Cohen JI. Management of massive neglected skin cancers of the head and neck. Presented at the Fifth International Conference on Head and Neck Cancer, July 00.
17. Winslow CP, Wax MK. Sarcoma of the parotid in a patient with Gorham's disease: a reconstructive dilemma. American Academy of Otolaryngology-HNS Annual Fall Meeting, 9/00.
18. Winslow CP, Desyatnikova S, Wax MK. Versatility and safety of an anastomotic device in microvascular reconstruction. American Academy of Otolaryngology-HNS Annual Fall Meeting, 9/00.
19. Winslow CP, Chafin B, Belmont M, Wax MK. Variability in critical primary ischemic time of rat ventral flaps in different laboratory settings. American Academy of Otolaryngology-HNS Annual Fall Meeting, 9/00

20. Desyatnikova S, Winslow CP, Wax MK. Reconstruction of complex midfacial defects with microvascular flaps. American Academy of Otolaryngology-HNS Annual Fall Meeting, 9/00
21. Wax MK, Winslow CP, Desyatnikova A, Cook TA, Andersen PE, Cohen JI. Early perioperative employment of Goretex suspension for the management of facial paralysis. American Academy Facial Plastic and Reconstructive Surgery fall meeting, 9/00.
22. Desyatnikova S, Winslow CP, Cohen JI, Wax MK. Effect of anemia on the fasciocutaneous flap survival in a rat model. Western Section of the Triologic Society, Carlsbad CA, Jan 6, 2001.
23. Winslow CP, Andersen PE, Cohen JI, Wax MK. The use of alloderm for radial forearm free flap donor site coverage. Western section Triologic Society, Carlsbad CA, Jan 2001.
24. Desyatnikova S, Winslow CP, Wax MK. Microvascular reconstruction of complex facial defects. 55<sup>th</sup> Annual Canadian Society of Otolaryngology Meeting, Vancouver, BC. April 2001.
25. Winslow CP, Andersen PE, Cohen JI, Wax MK. Stomal Reconstruction with fasciocutaneous forearm flaps. Society of Head and Neck Surgeons, COSM, Palm Desert, CA. May 2001.
26. Winslow CP, Burke A, Cook T, Wax MK. Total Nasal Reconstruction: the radial forearm free flap for intranasal lining. American Academy of facial Plastic and Reconstructive surgery, COSM, Palm Desert, CA. May 2001.
27. Wax MK, Winslow CP, Delashaw J. Revision cranioplasty following free flap reconstruction of scalp defects. American Academy of Facial Plastic Reconstructive Surgery, COSM, Palm Desert, CA. May 2001.
28. McClellan J, Winslow CP. Endoscopic resection of the corrugator and procerus muscles through an open rhinoplasty approach. Presented in poster format at the AAFPRS fall meeting, Denver CO 9/01.
29. Davis T, Winslow CP. Lengthening of the temporalis muscle flap with pedicled fascia; a cadaver study and clinical implications. Triological Society COSM spring meeting, Palm Springs CA 5/01.
30. Klem C, Winslow CP. Functional and cosmetic issues in patients with familial partial lipodystrophy (Dunnigan variety): the role of the Otolaryngologist. Southern section Triologic meeting, San Captiva Island FL, 1/02.
31. Winslow CP, Yamamura M, Sheppard B, Wax MK, Andersen PE, Cohen JI. Endoscopic cricopharyngeal myotomy: technical feasibility. Western Section Triologic meeting, Carlsbad CA 2/02.
32. Wax MK, Winslow CP, Rosenthal E, Bascom D, Andersen P, Cohen JI. Ulnar fasciocutaneous free flap in head and neck reconstruction. Western Section Triologic Society, Pasadena, CA. 2/2002.
33. Winslow CP. Use of Medpor for butterfly grafting in internal nasal valve dysfunction. AAFPRS fall meeting, Orlando, FL. 9/2003.
34. Winslow CP, Jackson P. What patients want- cosmetic surgery gender preferences; a survey. Submitted for presentation to the 9<sup>th</sup> International Symposium of Facial Plastic Surgery, May 2006.
35. Panel member; Microvascular Reconstruction. Tenth International Symposium, AAFPRS. 4/2010.

***Courses: Instructor***

1. Otolaryngology workshop. Co-instructor with Sylvan Stool, MD at the Children's Hospital, Denver CO 5/96 and 9/97.
2. Instructor, Soft tissue workshop/practicum. Estes Park, CO 4/99.
3. Invited guest speaker, Microvascular free tissue transfer. Grand Rounds. Tripler AMC, Honolulu HI 2/01.
4. Instructor, Armed Forces Institute of Pathology Lecture Series. Microvascular Surgery. 2001, 2002.
5. Instructor, Armed Forces Institute of Pathology Lecture Series. Eyelid anatomy. 2001, 2002.
6. Instructor, Armed Forces Institute of Pathology Lecture Series. Facial Analysis. 2003.
7. Instructor, Armed Forces Institute of Pathology Lecture Series. Rhinoplasty- analysis and planning. 2003.
8. Invited guest speaker. Streit seminar. Ablative facial resurfacing. Bethesda, MD 3/03.
9. Invited guest speaker. IU School of Medicine, Dept Otolaryngology Annual Basic Science Course, "Wound Healing and Soft Tissue Pathophysiology" 7/05.
10. Invited guest speaker, The White House Medical Offices. "ENT Emergencies" 6/05.
11. Invited guest speaker, IU School of Medicine Dept Otolaryngology Annual Basic Science Course. "MOHs Reconstruction" 7/06.
12. Invited guest speaker, IU School of Medicine, Dept Dermatology Annual Skin Cancer Workshop. "Facial Dilemmas with Reconstruction of the Nose, Eyelids, Ears and Mouth" 8/06.
13. Instructor, In-Service Facial Plastic Surgery Review, IU School of Medicine Dept Otolaryngology, 12/09.
14. Instructor, "Rhinoplasty", Osler Board Preparation Course, Indianapolis 8/11.
15. Instructor, "Facelift", Osler Board Preparation Course, Indianapolis 8/11.
16. Instructor, "Injectables", Osler Board Preparation Course, Indianapolis 8/11.
17. Instructor, "Chemical Peels and Laser Resurfacing", Osler Board Preparation Course, Indianapolis 8/11.
18. Instructor, "Managing dissatisfied patient- legal, ethical and financial implications," AAFPRS Annual Meeting, San Francisco 9/2011.

***Grand Rounds***

1. Microvascular Free Tissue Transfer. Tripler Army Med Ctr, Honolulu HI. 10/2002.
2. Reconstructive Dilemmas. Walter Reed Army Med Ctr, Washington DC. 2/2001.
3. Facelifting; what's new, what works. Georgetown University, Washington DC. 1/2004.
4. Microvascular Reconstruction. Indiana University School of Medicine, Dept Otolaryngology, 9/04.
5. MOHS Reconstruction, Indiana University School of Medicine, Dept Dermatology, 10/04.
6. MOHs Reconstruction, Indiana University School of Medicine, Dept Otolaryngology, 4/06.
7. Botox injections- techniques and considerations, Indiana University School of Medicine, Dept Dermatology, 6/07.

***Lectures/speaking events/honors***

1. Featured guest speaker, iWoman Conference 4/2005
2. Morning news segment, Fox 59, featured guest 8/2005
3. "Focus" segment, Fox 59 8/2005
4. Keynote speaker, Business Women Connect Annual Conference 8/25/2005
5. Invited Guest speaker, SeneGence cosmetics workshop 9/2005
6. Keynote speaker, Indiana Credit Bureau League Annual Award Ceremony, 10/2005
7. Finalist and awardee; Indiana Commission for Women Torchbearer Award, 2005
8. Appreciation Award, Susan G. Komen Foundation, 2006
9. Elected Board of Directors, American Board Facial Plastic Reconstructive Surgery 11/07

10. Botox injector training course, Indiana University School of Medicine, Dept Otolaryngology, 1/08; 12/09

#### ***Committees***

1. Microvascular Committee, AAOHNS. 10/1/2002-9/30/2005
2. Plastic & Reconstructive Surgery Committee, AAOHNS. 10/1/2002-9/30/2005
3. Written exam development group, ABFPRS Resource Development Committee 11/03- present
4. Walter Reed Army Medical Center Cancer Care Committee. 7/01-present
5. Walter Reed Army Medical Center Library Committee. 3/03- present
6. Oral Board examination committee, ABFPRS, 2003-present
7. Oral protocol development group, ABFPRS Resource Development Committee 12/05- present
8. Committee of Integrative Medicine; American Academy Otolaryngology 2007-present

#### ***Additional Duties/Community Service***

1. Co-director, Armed Forces Institute of Pathology Annual Otolaryngologic Basic Science Course 7/00- present
2. Co-director, Streit Annual Seminar 2003. Topic; Technique and Finesse in Facial Plastic Surgery.
3. Grand Rounds coordinator, Walter Reed Army Medical Center 2002-2004
4. Medical Student rotation coordinator, Walter Reed Army Medical Center 2002-2004
5. American Board of Facial Plastic Reconstructive Surgery Examiner, 2005-present
6. Volunteer Clinical Asst Professor, Indiana University School of Medicine Dept Otolaryngology, 2004-present
7. Volunteer Staff Surgeon, Wishard Memorial Hospital 2005- present
8. Susan G. Komen Breast Cancer Research Foundation co-sponsored annual event "Evening of Elegance" 2004 - present
9. Ovarian Cancer Foundation sponsor "WhisperWalk" 2005
10. American Board of Otolaryngology Examiner (Facial Plastic Surgery) 2006
11. Peer Reviewer, Archives of Facial Plastic and Reconstructive Surgery Journal. 2008-current.
12. Peer Reviewer, Head and Neck. 2011-current.